

IN A NUTSHELL

EQUICARES enhances access to mental health care for people in vulnerable situations through research, community engagement, and policy development. It integrates research to identify gaps in mental healthcare services, co-designs solutions through "Smart Health Labs," and assesses the costs of policy inaction. Mental health services and innovative solutions are compiled in an Atlas, while the Inclusive Mental Health Care Policy Dashboard supports sustainable policymaking with tools like monitoring, a Policy Handbook, and an AI-based assistant. Pilots in 8 sites across 7 European countries address diverse socioeconomic settings and all major categories of people in vulnerable situations.

PROJECT OBJECTIVES

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Understand Barriers
Analyse mental health service access challenges for people in vulnerable situations.
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
Innovative solutions
Identify, test, and assess cost-effective solutions to improve care access.
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Engage Communities
Co-create solutions in "Smart Health Labs" with educational, health and digital literacy programs with AI support.
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Pilot & Empower
Test solutions at 8 sites to enhance access, efficiency, and user empowerment.
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Inform Policy
Evaluate impact, costs, and unmet needs to provide evidence-based recommendations.

PROJECT PARTNERS

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	South East European Research Centre www.seerc.org Greece
	GIVMED givmed.org Greece
	Center Amalipe amalipe.bg/en/home-2/ Bulgaria
	L'ADAPT www.ladapt.net France
	LGBT Ireland www.lgbt.ie Ireland
	FISEVI fisevi.com Spain
	Central Institute of Mental Health (CIMH) www.zi-mannheim.de/en/ Germany
	Q-PLAN International Advisors PC www.qplan-intl.gr Greece
	JIGSAW www.jigsaw.ie Ireland
	EHTEL - European Health Telematics Association www.ehtel.eu Belgium
	Diesis Network www.diesis.coop Belgium
	EUCOMS Network www.eucoms.net Netherlands
	EASPD easpd.eu Belgium
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Community-driven Healthcare
Access and Mental Health
Promotion for Inclusive, Equitable,
and Resilient European Societies

IMPACT



Societal

- Improves access and equality in mental healthcare by co-designing solutions with people in vulnerable situations and fostering community-driven solutions.
- Empowers mental care workers and service providers through capacity building programs, AI tools, and resources for efficient, high quality, patient-centered care.
- Empowers citizens by reducing mental healthcare barriers and promoting well-being through literacy programs, AI tools, and tailored, accessible solutions.
- Enhances policymaking by providing data on barriers to mental health services.

Economic

- Promotes mental health policy recommendations that foster cost-effectiveness through service innovations.

Scientific

- Advances mental health research by exploring inequalities, pioneering data collection methods, and integrating AI in mental healthcare service evaluation.
- Enhances data reliability through innovative methodologies and participatory research.

PROJECT IDENTITY

Project Title: EQUICARES
Grant Agreement No: 101156500
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Budget: € 5,935,974.33
Project Coordinator: White Research SRL

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THE EQUICARES APPROACH

PILLAR 1

Researching and understanding barriers and inequalities

- ✓ Develop the Atlas of Innovative Solutions to address these challenges.



PILLAR 2

Engaging and co-creating

- ✓ Setting up Smart Health Labs to promote mental healthcare service access
- ✓ Strengthen Mental Health & Digital Literacy to empower people in vulnerable situations to understand their rights and seek support via:
 - MOOCs to enhance digital competences for better health service navigation.
 - Training Workshops to strengthen digital skills.
 - Citizen Science for data collection and problem-solving.
- ✓ AI-based Assistant for personalised mental health support and data collection.

PILLAR 3

Piloting, evaluating, and sustaining

- ✓ Co-Creating and Piloting Solutions to design accessible, cost-efficient, and high-quality mental health services.
- ✓ Inclusive Mental Health and Care Policy Dashboard with monitoring, assessment, and cost analysis tools and a Handbook for site-specific policy briefs



PILOT CASES

The EQUICARES pilot cases will cover all major categories of people in vulnerable situations, representing a wide range of barriers and inequalities in accessing mental health care services.

DUBLIN SOUTH & WICKLOW (IE)
• LGBTQI+ COMMUNITY

NORMANDY REGION (FR)
• PEOPLE WITH MENTAL DISABILITIES
• PEOPLE WITH PHYSICAL DISABILITIES

SEVILLE MUNICIPALITY (ES)
• ROMA COMMUNITY (FOCUS ON WOMEN)
• MIGRANTS

BADEN-WÜRTTEMBERG (DE)
• ELDERLY
• ELDERLY MIGRANTS

NORTH-CENTRAL REGION (BG)
• ROMA COMMUNITY
• ETHNO-RELIGIOUS MINORITIES

THESSALONIKI AREA (EL) & ATTICA REGION (EL)
• ELDERLY POPULATIONS
• MIGRANTS
• REFUGEES AND UNACCOMPANIED CHILDREN
• YOUTH

HATAY SUB-REGION (TR)
• ELDERLY
• MIGRANTS
• 2023 TURKEY-SYRIA EARTHQUAKE VICTIMS